IN THE CLAIMS

Claims 1-42 (cancelled).

43. (previously added) A method of measuring blood pressure using a wrist sphygmomanometer including a body and including a cuff attached to the body and wrapped around a wrist, said body being attached to the cuff in a manner to allow the body to be located on a thumb side of an arm when the wrist sphygmomanometer is fitted on the wrist, comprising:

fitting said wrist sphygmomanometer on the wrist;

placing the wrist with said wrist sphygmomanometer fitted thereon on a subject; and

reading a value detected by said wrist sphygmomanometer with the wrist placed on the chest.

- 44. (previously added) The wrist sphygmomanometer of claim 43, further comprising a positioning system which determines whether the sphygmomanometer is at an appropriate measuring level.
- 45. (previously added) The wrist sphygmomanometer of claim 44, wherein the positioning system indicates that the sphygmomanometer is at an appropriate measuring level by providing an acoustic signal.
- 46. (previously added) The wrist sphygmomanometer of claim 44, further comprising a display that includes arrows which guide a user to the appropriate measuring level.
- 47. (previously added) The wrist sphygmomanometer of claim 46, wherein the display indicates that the user has reached the appropriate measuring level by displaying a visual symbol.

48. (previously added) The wrist sphygmomanometer of claim 46, wherein the display indicates that the user has reached the appropriate measuring level by providing an acoustic signal.

49. **(previously added)** The wrist sphygmomanometer of claim 44, wherein a blood pressure measurement is automatically taken when the positioning system determines that the sphygmomanometer is at the appropriate measuring level.